

List of State-Approved Publications

Per Policy 5.01, Nutrition Services Overview:

9. Local agencies must review nutrition education materials obtained or developed independently using Exhibit 5.01B, Nutrition Education Materials Evaluation Form. Evaluations must be kept on file at the local agency as long as the material is in use.

- a. Materials developed by the State Agency and State Agency approved publications do not need to be reviewed by the local agency. See www.michigan.gov/wic for listing of State approved publications.
- b. Nutrition education materials must be at a 4th to 8th grade reading level. Additional higher or lower reading level materials are acceptable based on client literacy level. (See Exhibit 5.01C, Nutrition Education Materials Reading Level Evaluation.)

Below is a listing of State approved publications. You do not need to complete Exhibit 5.01B if you use materials from any organization listed below.

- Brush Art, WIC publications
- Coffective
- Fresh Baby
- Learning Zone
- Michigan Department of Health & Human Services' (MDHHS) programs (including WIC)
- National WIC Association
- Noodle Soup
- Nutrition Matters
- USDA
- WIC Works
- wichealth.org

Specific Publications developed by these organizations:

- United Dairy Industry of Michigan – Feeding Your 2-5 Year Old booklet
- Childbirth Graphics – (DCH-0259) Breastfeeding – Getting Started in 5 Easy Steps
 - *Discontinued once stock is depleted*
- K. Hoover/B. Wilson-Clay – (DCH-1210) Diapers of a Breastfed Baby
- All self-directed education binders created by MDHHS WIC Division